

ROCKFORD VOLLEYBALL CLUB

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PROGRAM COMPARISON CHART FOR 2009-2010 SEASON

PROGRAM DESCRIPTION	TRYOUTS – TEAM SELECTION	COMPETITION & SEASON LENGTH	PRACTICES & TRAINING	FEES & EXPENSES
Level 1 – EXTREME Highly committed, serious, and competitive players, goal is to play in college. All ages considered.	TRYOUTS (Levels 1-4) – 14 & younger (would turn 15 after August 31, 2010) - Sunday, October 18 9am - noon (14's) Noon – 3pm (13's & younger) - Mondays, Oct. 26 & Nov. 2; 6pm – 9pm	Power League (8 dates) Home Tourneys (5 dates) One Qualifier and Regionals are all included in the fees. December – May (June if qualified for Nationals)	Three practices weekly. Mondays & Thursdays main practice days. Wednesdays or Fridays 3rd practice night - focus varies. Strength, speed, and agility training with Top Performers trainers. Practice times scheduled between 4:00 & 9:30 pm.	\$1890 includes 18 competition dates, practices, coaches' fees, training, full uniform package, volleyball, and Top Performers. <i>(Credit back for uniform items returning player has.)</i>
Level 2 – NATIONAL Competitive players, goal may be to play volleyball in college or to get better for school team. Multi-sport athletes who can balance their commitments are welcomed.	TRYOUTS (Levels 1-4) – 15 & older (turns 15 or older on or after September 1, 2010) - Sundays, November 1 & 8 9 am – Noon (15's) Noon - 3pm (16's & older) - Monday, Nov. 9; 6pm-9pm	Power League (8 dates) Home Tourneys (6 dates) If team is competitive and all agree to play in a Qualifier or additional travel tournament, that fee would be additional. December – May	Two practices weekly. Monday & Thursday's practices. Strength, speed, and agility training with Top Performers trainers. Practice times scheduled between 4:00 & 9:30 pm.	\$1400 includes 14 competition dates, practices, coaches' fees, full uniform package, volleyball, and Top Performers. Additional costs: Major tournament is team decides. <i>(Credit back for uniform items returning player has.)</i>
Level 3 – REGIONAL Players of all levels considered however efforts will be made to make the most competitive teams possible.	Parent Meetings: Mon., Nov. 16; 7-8pm Mon., Nov. 23; 7-8pm	10 Tournament dates. All home tournaments at ISC. No travel involved. December – April	Two practices weekly – Tuesdays & Fridays. Time 4:00 – 6:00 pm.	\$700 includes 10 competition dates, practices, coaches' fees, modified uniform package. Additional costs: Optional Warm-ups, gear bag.
Level 4 – CLUB CHAOS Players wanting to get better for school teams. Low cost club program. All ages considered.	Practice begins Monday, November 30, Tuesday, Dec. 1 or Saturday, Dec. 5. Squads will be finalized during December practices if necessary. (Levels 1-4)	8 Home Tournaments – all played at ISC. No travel commitment expected. December – April	One practice weekly 4:30-7:30 pmon most Saturdays. Most tournaments will be on Sundays at ISC.	\$450 includes 8 tournaments, practices, coaches' fees, modified uniform package. Additional costs: Optional Warm-ups, gear bag.
Level 5 – BOYS Boys who want to learn the game of volleyball and/or compete at a higher level. All ages considered. Training-only players are welcomed.	Tryout – Saturday, September 12, 2009 Practices are Saturdays 4:30-7:30 at The Indoor Sports Center.	Some home tournaments at ISC are possible. Great Lakes and Badger Region tournaments. September – May/June	One practice weekly – Saturdays 4:30 – 7:30 p.m. The idea is to build a competitive boys program in this area.	\$ 350 includes uniform jersey & shorts, practices and coaches' fees from September through May. Additional costs: tournament fees, warm-ups, gear bag.