

## Four Levels of Club Programs

Consider Rockford Volleyball Club – the most established club in the Rockford area.

Founded in 1985, Rockford Volleyball Association is a not-for-profit organization dedicated to bringing excellent training in the sport of volleyball to area junior athletes.

Rockford is a great club with flexible programs, and experienced and/or well-trained and educated coaches. Rockford Volleyball Club practices at the Indoor Sports Center located at 8800 East Riverside Blvd. in Loves Park, Illinois. ISC is easily accessed just off I-90 at the East Riverside exit. ISC is the best indoor volleyball facility in the Rockford area with four SportCourt surfaced courts with top of the line volleyball net systems.

Rockford Club fees allow for a fair and decent stipend for coaches and covers all the usual expenses of court rental, uniform costs, and tournament entry fees. Rockford Volleyball's fees also cover entry fee and coach's expenses for one National Qualifier for Extreme teams, plus an excellent physical training

program with Top Performers, Inc. for our both Extreme and National teams. *Some other clubs charge extra for these goods and services.*

For more information about our programs, team levels, and fees for the 2010 Club season, visit [www.rockfordvolleyball.org](http://www.rockfordvolleyball.org) for the program comparison chart.

USAV registration form and Medical Information and Release form for the 2010 season can also be accessed through our website's link to [www.greatlakesvolleyball.org](http://www.greatlakesvolleyball.org).

These forms should be completed and sent along with the tryout information form at the right and \$40 tryout fee (make checks payable to Rockford Volleyball) to:

Rockford Volleyball Association  
The Indoor Sports Center  
8800 East Riverside Blvd.  
Loves Park, IL 61111



Questions? Call 815-885-4351

Name: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

T-shirt Size:  Youth Large  
 Adult Small  
 Adult Medium  
 Adult Large  
 Adult X-Large

Send in the above form along with \$40 tryout fee (Checks payable to Rockford Volleyball) and USAV registration form and Medical Information form.  
(See [www.greatlakesvolleyball.org](http://www.greatlakesvolleyball.org) for forms)

Tryout Times:

14's & younger (would turn 15 after August 31, 2010)

- Sunday, October 18
  - 9 am – noon (14's)
  - Noon – 3 pm (13's & younger)
- And Mondays, Oct. 26 & Nov. 2
  - 6:00 – 9:00 pm

15's & older (is, or turns, 15 or older on or after September 1, 2010)

- Sundays, November 1 & 8
  - 9 am - Noon (15's)
  - Noon – 3 pm (16's & older)
- And Monday, Nov. 9
  - 6:00 – 9:00 pm

## Program Levels for Rockford Volleyball – 2010 Season

### Level 1: EXTREME TEAMS – Tryout Selection

Highly committed, serious, and competitive players whose goal is to play at the college level. Three practices weekly, Top Performers training, full uniform package, and eighteen competition dates included in fees. Dec. – May (June).

### Level 2: NATIONAL TEAMS – Tryout Selection

Competitive players, goal may be to play volleyball in college. Multi-sport athletes who can balance their commitments are welcomed. All ages considered. Two practices weekly, Top Performers training, full uniform package, and 14 competition dates included in fees. Dec. – May

### Level 3: REGIONAL TEAMS – Tryout Selection

Players of all levels considered however efforts will be made to make the most competitive teams possible. No tournament travel – all tournaments at the ISC. Two practices weekly, modified uniform package, and 10 competition dates included in fees. Very affordable club program. Dec. – April

### Level 4: CLUB CHAOS – Tryout Selection

Players wanting to get better for school teams. First time club players and players looking for a low cost club program. All ages considered. Practice is on Saturday afternoons, modified uniform package, and eight competition dates all at ISC included in the fee. Dec. – April.

### Level 5: BOYS RAMPAGE CLUB TEAM

Tryouts/sign-up at ISC on Saturday, September 12 for first practice (4:30 – 7:30). Will accept players after tryout date. This is for boys 18 and younger who want to learn the game of volleyball and /or compete at a high level. Training-only players are welcomed. One practice weekly (Saturdays 4:30 – 7:30). Sept. – May/June.

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*Founded 1985*

# Rockford Volleyball Club 2010



Rockford Volleyball ... where  
athletes come first!

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815-885-4351